

ABOUT DUKE OF ED



The Duke of Edinburgh's International Award (the Duke of Ed) is the global leader in the organising and accrediting of non-formal education through its flagship 'Duke of Ed Framework'. Our Framework empowers young Australians aged 14-24 to explore their full potential regardless of their location or circumstance.

Taking part in the Duke of Ed is a life-changing experience, empowering young Australians to learn new skills, get physically active, be rewarded through volunteering and discover a sense of adventure outside the classroom.

TESTIMONIALS

REGISTERED USER

"The Duke of Ed helped break down cultural and personal barriers, pushing limits and exploring my strength and weakness. I volunteered at Meals on Wheels and with local refugees, providing free translating & tutoring services and hiked 2 weeks in New Zealand."

DUKE OF ED CENTRE

"The Duke of Ed is a highly valuable element of the extra-curricular program. It gives individuals a sense of achievement, to challenge themselves and keep trying when they are struggling and out of their comfort zones. The Voluntary Service aspect is a great opportunity to make a positive contribution to others in their school or wider community."

HOW TO GET INVOLVED!

REGISTER FOR THE DUKE OF ED!

Young people can register through any Duke of Ed Centre in NSW. Duke of Ed Centres can include:

- Your school
- Your sports club
- NSW Open Duke of Ed Centres

BECOME A DUKE OF ED CENTRE!

Any organisation that works directly with young people can become a Duke of Ed Centre.

*The organisation must meet and adhere to insurance requirements to be eligible.

MORE INFORMATION

 sport.nsw.gov.au/dukeofedinburgh



NAO DR 00390



EXPERIENCES THAT LAST A LIFETIME!



Did you know young people can complete The Duke of Edinburgh's International Award through their school, sporting or community group?

No matter what their passion or interest, they can challenge themselves, give back and learn new skills just like 16,800 other young people in NSW last year. The Duke of Ed can help achieve their goals.

DUKE OF ED ELEMENTS

The 3 Levels of the Duke of Ed Framework help young people fulfill their passions and ambitions, allowing them flexibility to choose activities they want to participate in. Completing a Duke of Ed Level recognises individual goal setting and self-improvement through persistence and effort over time.

Duke of Ed Levels:

Duke of Ed Level	*Minimum age	Duration	Sections
Bronze	14	6 months	3 + Adventurous Journey
Silver	15	Min 6 months	3 + Adventurous Journey
Gold	16	Min 12 months	3 + Adventurous Journey and Gold Residential Project

**Some exceptions may apply to minimum starting age*

Duke of Ed section examples:

Voluntary Service	Skills	Physical Recreation
<ul style="list-style-type: none"> Community Sport club Events Library Administration Charities 	<ul style="list-style-type: none"> Music Coaching Digital media Photography Art or Design Languages 	<ul style="list-style-type: none"> Playing sport and training Gym and Fitness Dancing Running and jogging

**1 hour per week, 2 hours per fortnight or 4 hours per 28 days*

WHAT CAN BE ACHIEVED



Through this challenging journey of self-discovery, young people will:

- Learn new skills to equip and empower themselves to achieve their personal best
- Learn to take responsibility for setting challenging goals
- Become connected and actively engaged within their community
- Make a real difference to their community through voluntary service and giving back
- Develop their ability to bounce back and overcome barriers to success
- Learn important life skills such as communication, resilience, leadership and teamwork
- Attain recognition through an internationally accredited youth program