



















# The Duke of Edinburgh's International Award

Australia-NSW



# ABOUT THE AWARD

The Duke of Edinburgh's International Award Australia-NSW (the Duke of Ed) is a fully inclusive global youth development framework, empowering young people aged 14-24 to explore their full potential and find their purpose, passion, and place in the world, regardless of their location or circumstance.

To achieve a Bronze, Silver or Gold Award, a Participant must complete the three regular Sections - Voluntary Service, Physical Recreation and Skills, plus the Adventurous Journeys. For the Gold Award there is an additional Gold Residential Project. All Participants are supported by a network of adult Award Leaders, Assessors and Supervisors.

The Duke of Ed is recognised in more than 130 countries and has been operating in Australia for over 63 years, and has been under licence in New South Wales for more than 20 years by the Office of Sport. More than 775,000 young Australians have participated in the Award to date.



"The Duke of Ed journey has always embraced community service, as much as it has embraced challenge and adventure. Commitment to each of these aspects is at the heart of The Duke of Edinburgh's International Award, which are the pinnacle of achievement across Bronze, Silver, and Gold."

Her Excellency General The Honourable

Margaret Beazley AC KC



15,330 Participants annually



403 NSW Award Centres



56% Female 43% Male

0.5% Non-binary 0.5% Prefer not to say



15.3 years average age

 $^{2}$ 

### EDUCATION SECONDARY SCHOOLS

The Duke of Ed is an internationally recognised non-formal youth development framework available to all secondary schools in NSW. The Duke of Ed offers a significant opportunity for secondary school students to learn additional life skills and experiences to become #WorldReady.

Being involved in the Duke of Ed and becoming an Award Centre is easy! Your school's curriculum, such as Sport, Arts, Wellbeing or Outdoor Ed, can be integrated into the Duke of Ed framework, often with no or minimal change. The Duke of Ed framework allows students to manage their own Award with guidance from an appointed Award Leader.

#### Benefits to students and schools

- Offers a non-formal youth development framework for students
- Easy to align with electives such as Sport, Arts, Wellbeing or Outdoor Ed etc
- Recognises and rewards students for the work they may already be doing
- Empowers students, builds resilience, and upskills them for future career and study opportunities
- Eligibility to receive adjustment factor points at some universities
- ► Enhances skill development, group participation, confidence, leadership, and community involvement
- Opportunity to connect with other schools
- Opportunity to partner with local community and build positive relationships with sporting organisations

"At Plumpton High School the Duke of Ed Framework is mandatory within the curriculum as it assists building essential capabilities enabling students to become positively contributing global citizens and the leaders of tomorrow with empathy who advocate and support others. Some of the capabilities developed include complex problem solving, high level emotional intelligence, courage, resilience, leadership and an ability to reflect deeply to continue on a journey of self-improvement."

Tim Lloyd
Principal, Plumpton High School



99% of Participants school age



152 Government Schools 3,243 Participants



222 Non-Government Schools 11,013 Participants



NSW Universities - offer adjustment factor points
Interstate Universities - offer adjustment factor points



More than 100 Duke of Ed employers nationally

4

### DUKE 4SPORT

Duke 4Sport is a free partnership for sporting organisations that connects young people aged 14 to 24 with sporting clubs and organisations. Duke 4Sport partners can attract young players and volunteers by providing opportunities for Duke of Ed Participants to complete their Physical Recreation, Skills, and Voluntary Service Sections of the Award at their organisation.

#### **Partnership benefits**

- ► Reach more than 15,000 young people across NSW
- Attract new players and volunteers
- Retain existing players and volunteers
- Provide additional value to your members by developing their teamwork, goal setting, and leadership skills.

"As the peak body for sport in NSW, Sport NSW is proud to support The Duke of Edinburgh's International Award and recommend it to sporting organisations large and small. Sport survives and thrives thanks to the invaluable efforts of volunteers. The Award helps young people build important life skills through a volunteer involvement in sport, whilst developing positive values and a sense of service to the community. Sport NSW encourages all sporting organisations to become involved, to support the emerging leaders taking part and to continue the all-important tradition of volunteer contribution to sport."

**Stuart Hodge**Chief Executive Officer, **Sport NSW** 



20 Duke 4Sport partners and12 State Sporting Organisations



Reach more than 15,000 young Participants



## ORGANISATIONS AND COMMUNITY GROUPS

The Duke of Ed is an opportunity for organisations and community groups to recruit new volunteers and provide young people with an opportunity to develop skills and improve their future employment opportunities.

#### Benefits to an organisation

- Opportunity to build and retain volunteer numbers
- ► Contributes to your corporate social responsibility framework and planning
- Opportunity to connect with other like organisations, clubs, schools, and community groups
- ► Improves your organisation's administration and succession planning
- Supports your organisation's strategies and objectives
- ► Offers a volunteering framework for staff and young volunteers
- ► Recognises and rewards young people for volunteer work

"For almost seven decades, the enduring partnership between PCYC NSW and The Duke of Edinburgh's International Award in NSW, emphasises our shared commitment to empowering young people. PCYC's Bluestar program demonstrates that The Duke of Edinburgh's International Award remains an integral component of PCYC's initiatives that support diverse growth, skills development, and community engagement for the vibrant rising generation of NSW."

**Ben Hobby**Chief Executive Officer, **PCYC** 



**29** Award Centres

1,074 Participants



275,000

Participant volunteer hours annually



87%

of Participants more likely to get involved in community activities



37%

continue in regular volunteering



## PARENTS AND PARTICIPANTS

Completing the Duke of Ed is entirely voluntary. Every Award is different, and each Participant can choose the activities they want to participate in for each Section. Participants often find that they may already be doing these activities and can simply apply them to their Duke of Ed.

#### Why complete the Duke of Ed?

- ► Gain employability skills and make your applications stand out
- Receive adjustment factor points at some universities
- Be recognised for your sporting, volunteering and extracurricular activities
- ► Challenge yourself, meet new people and have fun
- Experience a sense of adventure and learn outside the classroom
- ► Learn important life skills to become #WorldReady

"For anyone considering completing the Duke of Ed, I can't recommend it enough! Just bite the bullet and go for it!

Yes, it will take time, commitment, and a lot of organisation, but in return you will gain so many incredible experiences, enjoy new social settings, enhance your skills and knowledge in new areas that you simply can't access in a classroom. It's easy to personalise the Award to suit your interests, and it's a great way to discover new ones."

Laura Mannes (17 years, Gold Award holder)

#### What Participants say after completing the Duke of Ed

90%

said that the Award gave them the opportunity to try new things and challenge themselves.

87%

of respondents feel that they are more likely to participate in community activities.

77%

of the those who exercised less than once a month, or never, intend to do a Physical Recreation regularly.

**75%** 

feel they have made new friends through participating in the Award.

57%

feel they have changed as a person, because of their Award participation.

37%

continue in volunteering after completing the Award.

16%

increase in regular physical activity amongst respondents with disabilities.

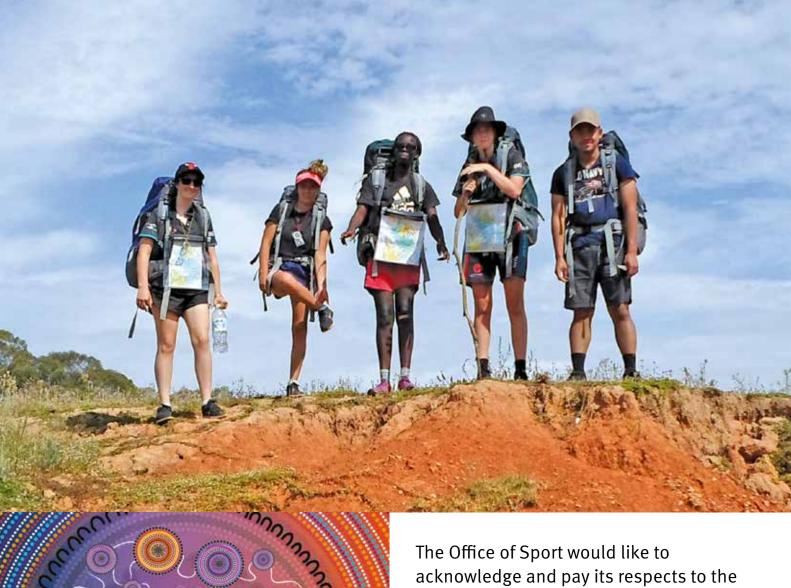
11%

increase in regular physical activity amongst ethnic minority.

#### Benefits of the Duke of Ed

- Improved life skills such as social and interpersonal skills, communication, teamwork, organisational skills, goal setting, time management, leadership, life enrichment and achievement.
- Improved mental health and emotional wellbeing due to increased social interaction, self-confidence, enhanced life skills and sense of purpose.
- Improved physical health and a healthy lifestyle due to participation in Physical Recreation with improved self-esteem, self-discipline and gave a sense of growth, determination, motivation, and achievement.
- Increased respect for diversity and ability to accept differences because of increased social interaction with people from different ages, gender, ability, and backgrounds.
- More positive about their local community and more likely to participate in future volunteering activities. Volunteering has a positive effect on Participant's well-being, self-esteem and creates a sense of achievement.
- ► Better understanding of environmental issues from being closer to nature and having an increased connection and understanding of the land and environment.

10



The Office of Sport would like to acknowledge and pay its respects to the traditional custodians of our land, the Aboriginal people of New South Wales.

The Office of Sport would also like to pay its respects to Aboriginal Elders past and present.

Artwork "Jennebe" **By Jasmine Sarin** 

#### **Contact**

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